

# CEEP User Guidelines

## 1. Please do not attend

- a. if you or someone you have had any contact with in the previous 2 weeks display any Covid 19 symptoms.
- b. if you have had, at any point a positive Covid 19 test until 2 weeks have passed and you have had a negative Covid 19 test.
- c. if you have any flu like symptoms.
- d. if you have been abroad or on any aircraft during the previous 2 weeks.

## 2. Attending the site

- a. **Register:** Please complete the register each time you visit. This will be in the form of a diary. You just need to add your name and contact telephone.
- b. **Gloves:** No communal glove use. Can you bring your own?
- c. **Tools:** must not be shared and must be disinfected after use. Household disinfectant will be supplied and stored safely and must be mixed to manufacturers guidelines. Allow tools to air dry. Agree one person to remove and then store tools. The tool shed will remain locked and a small supply of tools will be available in the metal shed adjacent to the garden.
- d. **Other Common areas:** The polytunnels and toolshed will remain closed.
- e. **Outdoor seating:** Please allow for distancing measures
- f. **Refreshments:** Users must bring their own refreshments and remove their own rubbish. Alternatively, the outside catering at Craigie's is available.
- g. **Physical distancing:** A maximum of eight adults can attend the garden, or a beehive site at any time. Social distancing must be observed. When this is not possible, masks should be worn and users should work alongside, rather than face to face.
- h. **Hand Hygiene:** All users to the garden should wash their hands with soap and water before and after their visit.
- i. **Cleaning and sanitising:** Points of shared contact - gates, tools shed, tap, lockers etc - need to be disinfected at the end of each visit. Remember bleach and commercial cleaners must be locked away safely to comply with COSHH guidelines.
- j. **Personal items:** Do not leave these in the garden, but use the lockers provided
- k. **Harvest and safe distribution of surplus:** Wherever possible pick your own produce for self consumption and wash all produce before consumption.

As the site is not regularly supervised, please confirm that you accept the guidelines by signing this form and returning it to Stuart Ridge, 30 Kirkliston Road, South Queensferry, EH30 9NY, or email a scanned copy to [cstuart.ridge@btinternet.com](mailto:cstuart.ridge@btinternet.com)

I \_\_\_\_\_ agree to the above guidelines

Signed \_\_\_\_\_ Date \_\_\_\_\_